SEND Local Offer Newsletter Summer 2026 - Issue 41

Welcome to the 41st issue of the SEND (https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=dJ7_CUV9SRo) Local Offer newsletter. We have packed this edition with lots of information based on parent carers and young people feedback.



Introduction & Latest News



With the summer holiday approaching we have some fantastic short breaks, activities and support services included in issue 41 of the SEND (https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=eVfSpFqLhOs) Local Offer newsletter, it's a bumper issue again! With a new look email based on parent carer feedback.

Reading SEND () Local Offer continue to take the service into the community to support and inform families, attending the Special United (Me2) events, Reading Children's Festival Forbury Fiesta, Kinship carers groups, Dingley's Promise, the Parenting Special Children ethnically diverse group and the Living well with Autism course. Young people and families have really valued our attendance, sharing information about key support and services available in Reading.

Full timetable of support and services offered at the Family Hub is now available through the SEND () Local Offer platform, service support from 0-25 are available to families and young people.

We would really welcome feedback on the newsletter, to help us improve the content, look and feel etc. please feel free to email us any suggestions localoffer@reading.gov.uk (mailto:localoffer@reading.gov.uk) and keep visiting the SEND Local Offer for ongoing updates on local services www.readingsendlocaloffer.org (http://www.readingsendlocaloffer.org/)

Maryam Makki, Family Information Service Manager (including the SEND Local Offer)

Reading's Local Offer provides children and young people with special educational needs and/or disabilities (SEND) and their families, information about what support is available in the local area. It helps parents, carers and young people clearly see and access the range of services that they may need. Visit www.readingsendlocaloffer.org (http://www.readingsendlocaloffer.org) Email localoffer@reading.gov.uk (mailto:localoffer@reading.gov.uk) Call on 0118 9373777 (option 2), Monday-Friday, 9am-5pm

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Reading SEND Local Offer would like to keep families up to date on services, support, activities, short breaks and much more, so that families, children, and young people can access local services.

We have many families who receive regular weekly updates, however many more don't receive this information. Therefore, if you are currently not on our mailing list and would like to be added, please complete the form below. If at any time you want to be removed, just email us at localoffer@reading.gov.uk (mailto:localoffer@reading.gov.uk)

Legal disclaimer -https://servicesguide.reading.gov.uk/kb5/reading/directory/disclaimer.page (https://servicesguide.reading.gov.uk/kb5/reading/directory/disclaimer.page)
Privacy Notice - https://brighterfuturesforchildren.org/privacy-notice (https://brighterfuturesforchildren.org/privacy-notice)

Complete the online form to be added to the parent carer mailing list - Reading SEND Local Offer - add to mailing list – Fill in form (https://forms.office.com/e/w8njUzYU6Y)

Latest News

Engagement events: School Place Strategy for Government's SEND Local Reform Plan

Education department are hosting a series of parent engagement events over the summer to share our approach to the national SEND Local Reform Plan. These sessions will share their approach to the reforms, look at current provision and need, and help us to develop a School Place Strategy for consideration in October.

No booking is required and we hope to see you there.

The first two events:

- **South Reading Family Hub** (main hall), on Friday 3 July, 10am-12noon. South Reading Family Hub: 252 Northumberland Avenue, RG2 7QA
- **East and North Family Hub** (main hall) Saturday 18 July, 2-4pm. East and North Family Hub: Sun Street, RG1 3JX.

Reading Directory | Engagement events: School Place Strategy for Government's SEND Local Reform Plan (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=OeV2PAEetpY&familychannel=3)

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JIA Awareness Week 2026

This JIA Awareness Week, we're shining a light on the emotional realities of living with Juvenile Idiopathic Arthritis (JIA) by sharing the powerful lived experiences of some of our brave community members.

Reading Directory | JIA Juvenile Idiopathic Arthritis Awareness Week, 13-17th July 2026 (https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=JWjEAZBHSho)

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Cyber Safety for Families, Protecting you in the Digital World @ Crescent Centre

A fun, interactive workshop for adults, carers, grandparents and their children aged 9+ years.

Tuesday 5th August 2026

Reading Directory | Cyber Safety for Families, Protecting you in the Digital World @ Crescent Centre (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=1er7FgQghVY&familychannel=0)

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Royal Berkshire Fire and Rescue Services, FireSafe

If you are worried about a child or young person our team are experienced in working with children and young people, providing fire safety education and information about the dangers of fire and the importance of fire safety.

Reading Directory | Royal Berkshire Fire and Rescue Services, FireSafe (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=pWn6vxIYSdQ&familychannel=0)

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Royal Berkshire Fire and Rescue Service, Fire Cadets

Fire Cadets is a youth initiative for 13 to 17-year-olds is run by firefighters, staff and volunteers with support from the Service's Safety Education Team.

Reading Directory | Royal Berkshire Fire and Rescue Service, Fire Cadets (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=VQAON0seN94)

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Stand out for Autism, Quiet Family Swim Sessions & Sensory Bus

We are making waves with the launch of our new weekly Family Quiet Swim Sessions, designed specifically for autistic children and their families.

Reading Directory | Stand out for Autism, Quiet Family Swim Sessions & Sensory Bus (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=kT2J1mYRQs8)

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Togetherness, NHS (), Teaching and Learning about Emotional Wellbeing and Preventative Mental Health

Togetherness is an NHS emotional health team, sharing evidence-based teaching and learning about emotional wellbeing and preventative mental health in the UK and around the world.

Togetherness equips people with lifelong skills that build emotional resilience and wellbeing. We help foster robust relationships and connections that transform how we communicate and interact with others.

Reading Directory | Togetherness, NHS, Teaching and Learning about Emotional Wellbeing and Preventative Mental Health (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=Zlg4U-_EmF4)

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Our House is moving this Summer to Thames Valley Park



Reading Directory | Our House is moving this Summer to Thames Valley Park (https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=orvNu-lSEgE)

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'Our Memories', Stories from the Whitley community and help us share them.

Whitley is home to some incredible people with inspiring and surprising stories.

Reading Directory | 'Our Memories', Stories from the Whitley community and help us share them. (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=MIk9xojmiLI&familychannel=0)

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Holiday Activities and Food (HAF) programme - Summer 2026 - HAF activities are for children across Reading aged between 4-16 years old and who are eligible for pupil premium free school meals. Children identified by the DfE as vulnerable are also eligible to attend HAF () activities. Find out more - HAF Programme (https://brighterfuturesforchildren.org/for-parents-carers/schools/haf/)

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Expanding free school meals: what parents need to know - Free school meals provide vital nutrition for children during the school day. DfE has announced that many more families will be eligible. Here's what parents need to know. **Find out more here (https://educationhub.blog.gov.uk/2025/06/expanding-free-school-meals-what-parents-need-to-know/)**

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Learning Disabilities: Annual Health Checks - People with learning disabilities often have poorer physical and mental health than other people. This doesn't need to be the case. The Annual Health Check scheme is for adults and young people aged 14 or above with learning disabilities who need more health support and who may otherwise have health conditions that go undetected. Reading Directory | Learning Disabilities: Annual Health Checks (https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=PdIRjGg9kso)

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Reading Local Area - Ordinarily Available Provision & Graduated Response

This guide is to help everyone better understand what is available in Reading for children and young people (CYP) with special educational needs and/or disabilities (SEND) who do not need an Education, Health and Care (ECH) plan but still need specialist support.

We call this support the Ordinarily Available Provision (OAP) and it covers everything you can expect to be available for children and young people with SEND (https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=NboCPuxKWWs) in Reading schools and educational settings.

It includes a wide range of support and resources to help CYP with SEND (https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=NboCPuxKWWs) get the support they need to succeed academically, socially and emotionally.

With this guide, we aim to make the OAP statement more accessible and understandable, helping you – and us – support your child's education more effectively.

It will, hopefully, go a long way to answering the 'when, what, where, why, who and how' types of questions you may have about support for SEND that should be available.

Click on the following link - Reading Directory | Reading Local Area - Ordinarily Available Provision & Graduated Response (https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=NboCPuxKWWs)

Blogs

Blogs:



We have provided updates previously about our exciting Neurodivergent Transformation Programme, working across all of Berkshire to develop a strengths and needs tool for children and young people. The programme has been paused following the departure of the Strategic Lead, Andrea King who has ventured into an exciting new role with another area. However, I am delighted to share that we have now appointed Lajla Johansson to this role. Many of you will already know Lajla as the Head of All Age Learning Disability, All Age Neuro-Divergence & SEND () 0-25 in the Thames Valley ICB. In that role Lajla has already been very involved in our ND Transformation Programme and so she is well placed to pick up from where Andrea left when she starts in post on 6th July.

Inclusion is something I often talk about, because I see so much of it. In my recent visit to the Lodge Nursery in Southcote, they're getting in early and inclusion starts with babies! I was welcomed by children of all ages, stages and need, playing and learning together and exploring the environment around them. I met staff full of energy and passion for their work and constantly thinking about what they can do to make the nursery even better. On my way out I popped in to say hello to the Family Hub staff who had just come from running a group outside thanks to having visitors in our hall – squirrels nesting in the roof had fallen through the ceiling and were dashing about the hall!! Our staff really do have to manage anything the day throws at them, squirrel catching included!!

I also received a warm welcome at Whitley Park and the Ridgeway schools, who will be sharing their sites with our new special school places in 2027 as part of plans to make sure more of our children have their needs met locally. Thank you to all the staff, children, families and local communities for your support as these changes take place. I know that change brings with it a mix of feelings but I am confident that it will be worth it in the end as we start to realise our vision for children belonging in their local schools and communities.

On the theme of belonging I'm very excited about opening our children's homes over the summer, we have the keys, furniture is arriving, pots and pans are being bought and soon we will be able to welcome children to their new home in Reading.

Wishing you all a happy and healthy summer whatever your plans, whether you're cheering on the football and filling in wall charts like my family, seeking some peace and quiet and cool from the heat or anxiously awaiting exam results. Please pop into our family hubs over summer, there's lots going on! Come over and visit our beautiful new library at the Civic too – the children's zone is fabulous and you can try out the very special story telling chair which has to be seen...!

Lara Patel, Executive Director Children's Services, Directorate of Children's Services

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Family Hubs - Our Family Hubs Are Here for You

Reading's four Best Start in Life Family Hubs have now been open for almost two months and are already becoming a positive and helpful place for families right across the borough.

You can find a Family Hub in Whitley, Ranikhet, Sun Street (supporting families in North Reading) and Southcote. These are friendly, safe spaces where families can drop in to get support, advice, and information, or take part in activities together.

The hubs support families from pregnancy through to children and young people aged 18, and up to 25 for young people with special educational needs and disabilities (SEND) or care experience.

What families can expect

Since opening, many families have already been visiting the hubs and taking part in activities. We are working closely with health visitors, midwives, schools, and local community and voluntary organisations to make sure families can get the right help in one place.

There are lots of activities and support sessions happening every week, including:

· Parent and carer support groups

· Baby, toddler and early years activities

· Help and guidance for neurodivergent children and their families

· Advice on health, wellbeing, learning and family life

The hubs are open Monday to Friday, 8am to 6pm, so it's easier to visit around work, school and family life. Support is also available at local venues across Reading and online, giving families more choice in how they access help.

Drop in – you don't need an appointment

You don't need a referral or an appointment to visit. We encourage families to drop in, look around and find out what's on at their local Family Hub.

Whether you're looking for advice, support, activities for your children, or just a welcoming place to talk to someone, our Family Hubs are here to support you and your family.

Find out more about Reading's Best Start in Life Family Hub, including timetable of service
www.reading.gov.uk/beststartinlifefamilyhubs (http://www.reading.gov.uk/beststartinlifefamilyhubs)

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Millie Taff - Carers Lead



Over the past year, a great deal of work has taken place in Reading to start implementing the priorities set out in our Joint All-Age Carers Strategy and Action Plan.

Raising awareness of carer support and listening directly to families has been an important part of this work. Over the last year, I have had the pleasure of visiting and attending a wide range of local events to share information, learn from carers, and connect with communities. These have included:

· Parenting Special Children Parent Carer Support Group

· Festival of Inclusivity

· Reading Families Forum Fun Day

· Reading Deaf Centre Stall day

· Mencap's monthly carers support group (Greyfriars Church)

· And many more...

We continue to work closely with many local voluntary and community organisations who support carers and families every day, as well as connecting with local schools and colleges to improve support for Young Carers. Strong partnership working is essential, but it is just as important that carers themselves have the opportunity to influence change.

This is why I created the Carers Strategy Delivery Group- a monthly meeting where carers come together to share their experiences and directly influence change for carers in Reading. There is also the quarterly Carers Steering Group, which brings together health, social care, charities and carers themselves to share ideas, learning and best practice across Reading.

Hearing from carers with real lived experience is essential if changes are to reflect what carers actually want and need. If you are a parent carer and would like to find out more about getting involved, influencing local services, or upcoming opportunities, please email **carers@reading.gov.uk** (mailto:carers@reading.gov.uk).

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Me2 Club, Ramona Bridgman



Hello from Me2 Club! We support young people with any additional need from 5 – 25 years. My role is to run groups for young people so that they can have fun, make friends with other young people, boost their confidence and have their say in local services. Our services are just £10 per month (excluding those on free school meals or Universal Credit). Our 4 groups are listed here: Me2 Club – Me2 Club is an inclusion charity for children and young people with additional needs and disabilities in the Wokingham and Reading Boroughs. (https://me2club.org.uk/)

I have 2 adult daughters with additional needs. I originally qualified as a Social Worker and have many years' experience working with young people with additional needs. We also have a team of amazing volunteers.

Our groups are very relaxed with delicious food. Email me for a chat about your young person and arrange a free trial or find out how you could volunteer with us! ramona@me2club.org.uk (mailto:ramona@me2club.org.uk)

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Reading Families' Forum

A voice for families of children and young people with special educational needs and/or disabilities

Update from Reading Families' Forum

What we do, who we are

Reading Families' Forum (RFF) is an independent charity run by and for families of children and young adults aged 0 – 25 years with special educational needs and disabilities (SEND). We are Reading's local parent carer forum and are part of the National Network of Parent Carer Forums (http://nnpcf.org.uk/). We work to ensure that local parent carers and young people with additional needs have a voice about the local services that they use.

SWP – what we did & link to consultation response

The Schools White Paper (https://www.gov.uk/government/publications/every-child-achieving-and-thriving) was published on 23rd February 2026. In May Reading Families Forum advertised some short surveys and held 2 online information and discussion sessions for parents to gather local feedback to inform our consultation response.

Reading Families' Forum submitted our response to the consultation (https://www.readingfamiliesforum.co.uk/_files/ugd/aeccc9_7cf1364fee9546e1984fc4a5e65ca843.pdf?index=true) on Sunday 17th May. Thank you to all the local parent carers who shared their views via our surveys, meetings and online.

We have been very busy since the release of the Schools White Paper taking part in a series of sessions with the DfE & NNPCF both to understand the DfE proposals and to feedback local and national concerns. We have attended local MP SEND () reform round table events and represented the forum at local and regional events with Minister Gould, alongside a variety of parents, professionals and school leaders.

We have also been working alongside Reading Borough Council & Berkshire West NHS () to develop the Local Area SEND Reform Plan. Our focus has been on ensuring SEND parents can have a say in developing and shaping new local provisions and what improvements to support in mainstream schools will look like for children and young people with SEND in Reading.

Future events

- July: Local Reform Plan information and engagement session(s) with the LA () for parent carers (date(s) TBC ASAP)
- October: RFF () Family Info & Fun day (date and location TBC)
- Sept 2026 – July 2027: RFF free SEN () parent carer cluster **Peer Support Sessions**, information and PSC training. Please click here (https://forms.gle/Zcd6UXr3CuLyKcNa9) for more information and register your interest.

Would you like to be involved?

You can find out more about what we do, who we are, upcoming events and how you can be involved with the forum on our website (https://www.readingfamiliesforum.co.uk/) and follow us on Facebook (https://www.facebook.com/readingfamilies?locale=en_GB)

SEND Short breaks, holiday Clubs, Early Years & Childcare

SEND Short Breaks - Summer 2026

COMMUNITY TRUST
Care • Develop • Educate

Reading Directory | (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=T1vmN_2Jbhc&familychannel=3-7-1)SEND () Short Breaks - Summer Holidays - Reading FC SEND () Sports Camp

Reading Directory | SEND Short Breaks -Summer Holidays- Reading FC SEND Play Camp (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=KoSu9TDhlog&familychannel=3-7-1)

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Reading Directory | SEND Short Breaks -Chance to Dance Stars CIC - Dance and Multi Activity Program (includes half terms & holidays) (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=mqi7k57FEOc&familychannel=3-7-1)

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Reading Directory | Reading SEND Short Breaks Local Offer - Summer 2026 - NCS (Community-Based) (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=KQh1psneKK4&familychannel=3-7-1)

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Reading Directory | SEND Short Breaks Summer Holidays 2026 - Reading Play (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=j40HGd51ULU&familychannel=3-7-1)

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Reading Directory | SEND Short Breaks - PRIMARY SENSORY Summer holiday clubs 2026 (Make Sense Theatre) (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=z1382ScD6wA&familychannel=3-7-1)

Reading Directory | SEND Short Breaks - SECONDARY SENSORY Summer holiday clubs 2026 (Make Sense Theatre) (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=Liqcu4CjPlI&familychannel=3-7-1)

Reading Directory | SEND Summer Short Breaks - MLD musical theatre weeks (Make Sense Theatre) (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=9hiu25fO3D0&familychannel=3-7-1)

SEND Short Breaks Statement - Reading Directory | SEND Short Breaks Offer - Statement Explained (https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=PhST3G2Cyoc) - short_breaks_offer_statement_2025-26_final_-_february_2026.pdf (https://search3.openobjects.com/mediamanager/reading/enterprise/files/short_breaks_offer_statement_2025-26_final_-_february_2026.pdf)

Early Years & Childcare

Information on holiday clubs and Ofsted registered childminders can be found on the Family Information Service - www.readingfis.org/childcare (http://www.readingfis.org/childcare)

Reading Family Hubs Activities - To access information on what is going on at our family hubs around Reading please click on the link **Reading Directory | Family Hubs 0-5 (https://servicesguide.reading.gov.uk/kb5/reading/directory/family.page?familychannel=2)**

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Reading Early Years Team - Meet with members of the Early Years team to check your eligibility for funded childcare at your local Family Hub - full list can be found here **Early Years Team at your local family hub (https://servicesguide.reading.gov.uk/kb5/reading/directory/results.page?familyhubchannel=0&qt=EARLY+YEARS&term=&sorttype=relevance)**

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Portage and Early Years Stay & play sessions are suitable for families with children under five who have Special Educational Needs and Disabilities (SEND). Our drop-in and Stay & Play sessions are designed to offer a relaxed, inclusive space where children can explore, play, and develop their skills. **Portage team at the family hubs (https://servicesguide.reading.gov.uk/kb5/reading/directory/results.page?familyhubchannel=0&qt=Portage&term=&sorttype=relevance)**

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Starting School and Child Development Drop in's - Meet with members of the Early Years Starting school Team to discuss your child's development or any queries relating to school. **Reading Directory | Starting School and Child Development Drop in's (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=50M_py2_6Sk&familyhubchannel=1)**

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Find out more about **early years childcare funding** using the links below.

Reading Directory | 30 hours childcare funding for eligible working parents - for children aged 9 months to 4 years (https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=TaTQvzJAWuI)

Reading Directory | Funded Early Learning for 2 year olds - Families Receiving Additional Support (FRAS) (https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=24_JrgkoQLA)

Reading Directory | 3 & 4 Year Old Universal 15 hours (https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=e7FzsCULNcs)

Reading Directory | Tax-Free Childcare: Helping Working Parents Pay for Childcare (https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=Hic74IgSVuY)

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Little Engines Early Years Engine Shed Group - Forthnightly early years group for pre-school children who are on the autistic pathway or who would benefit from attending the group. **Reading Directory | Little Engines Early Years Engine Shed Group (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=Yyixm_sVr_o&familychannel=3)**

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The Best Start in Life Family Hubs in Reading - There are four family hubs in Reading, offering support to families, children and young people ages 0-25 - view the full time table using the following link **Reading Directory | Best Start in Life, Reading Family Hubs (https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=wo3Ddr4QZQ0)**

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Butterfly Buddies, Intergenerational Baby and Toddler group - By bringing generations together we provide a safe, fun environment where both children and older people can thrive. **Reading Directory | Butterfly Buddies, Intergenerational Baby and Toddler group. (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=ZUu7hvCzKiE)**

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Wild City Collective - Forest School Groups - We create connections with nature and people through our inspiring and inclusive outdoor spaces **Go to website for further information and booking details Groups | Wild City Collective (https://wildcitycollective.org/groups/)**

Information also available here **Reading Directory | Wild City Collective - Forest School Groups (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=sf1ptXq2p0Y&familychannel=3)**

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Wizzybug - FREE Wizzybug powered mobility Loan Scheme for the under 5s **-**We provide Wizzybugs free of charge to families in the UK. Further information can be found here **Reading Directory | Wizzybug - FREE Wizzybug powered mobility Loan Scheme for the under 5s (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=rWOvwOuGvFs&familychannel=3-12-1)**

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Ladybird Playgroup at Our House - Ladybirds is a playgroup for children under 5 with additional needs and their siblings. **Click on the following link - Reading Directory | Building for the Future - Ladybirds Playgroup at Our House (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=vK1_HuUtM_4&familychannel=3)**

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Friday Fledglings at The MERL (The Museum of English Rural Life) An Inclusive Weekly Outdoor Session for Toddlers - Discover the benefits of outdoor learning and child-led play! Click on the following link **- Reading Directory | Friday Fledglings at The MERL (The Museum of English Rural Life) (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=DiUVTcYd5fc&familychannel=0)**

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Speech and Language Therapy - Links to useful online resources

Speech and Language Therapy Service for children and young people | Berkshire Healthcare (https://www.berkshirehealthcare.nhs.uk/services/speech-and-language-therapy-service-for-children-and-young-people)NHS () Foundation Trust (https://cypf.berkshirehealthcare.nhs.uk/our-services/children-and-young-peoples-integrated-therapies/speech-and-language-therapy/)

Health and Development | Children Young People and Families Online Resource (berkshirehealthcare.nhs.uk) (https://cypf.berkshirehealthcare.nhs.uk/health-and-development/)

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Early Years SEND Settings and Resources - In Reading we have four specialist early years settings in Reading you may wish to consider for your child.

Snowflakes @ Newbridge (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=ayLqe0LEJ20)

Dingley's Promise - Reading (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=JYyxN0_C82c&familychannel=0)

Norcot Years Centre (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=hkYUSIiy1Ko)

Blagdon Nursery School (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=2FaTKfMgD8g)

Please email earlyyears@reading.gov.uk to request the expression of interest forms for the specialist centre or mainstream bases or speak to professionals that are supporting your child.

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Healthy Start Scheme - Healthy Start helps you give your family the very best start in life. If you are at least 10 weeks pregnant or have a child under four years old you could get help through the Healthy. For more details visit **NHS Healthy Start - How to apply (https://www.healthystart.nhs.uk/how-to-apply/) Further information can be found here Reading Directory | Healthy Start Scheme (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=YOBne0X76QE&familychannel=0)**

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Early Years Advisory Service - Supporting Early Years Settings in supporting children with SEND. Click on the following link **- Reading Directory | Early Years Advisory Service for SEND (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=Yi9x8mKB4q0&familychannel=3)**

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ChatHealth (Health Visitor/School Nurse Teams) Berkshire Healthcare Health Visiting and School Nursing service have launched a ChatHealth texting service. ChatHealth is a confidential texting service aimed at parents/carers and young people. **Reading Directory | ChatHealth (Health Visitor/School Nurse Teams) (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=QnlOwfgVkjk)**

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Parent & Toddler Groups in Reading - Parent and toddler groups are informal sessions where parents, carers, childminders and their children can go to have fun and meet new people. Parents and carers stay with and are responsible for their children, throughout the session. Most groups meet once a week for between one and two hours and welcome children from birth to 3 or up to school age. **Click on the following link - Reading Directory | Listings in Parent &Toddler groups (https://servicesguide.reading.gov.uk/kb5/reading/directory/results.page?familychannel=8-3)**

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Disabled Children and Young People's Register

To help us understand your family's needs and plan for future services that may be required, we'd really appreciate it if you could fill in your details on the Disabled Children and Young People's Register. This is a secure database, managed by Reading Family Information Service, to capture information about all children and young people, aged 0-25 years old, with special educational needs and/or disabilities. All details provided are used anonymously to show the use of, and demand for services in Reading. By registering, you will have the opportunity to sign up for the free MAX card, which gives discounts on major attractions across the country, as well as locally. You will also have the option to create a care passport. This can be completed by the parent/carer, to provide information about the young person, which can then be used when attending short breaks, activities etc. Plus, by having your up-to-date details, we will be able to keep you informed of all the relevant information for your child and developments to our service. To find out more, contact the Family Information Service on 0118 937 3777 (opt 2) or email: localoffer@reading.gov.uk (mailto:localoffer@reading.gov.uk)

To register, complete an online form here (https://servicesguide.reading.gov.uk/kb5/reading/directory/dcr.page)



It's all about Summer 2026!

Reading Directory | Building for The Future, (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=e_CsJiYIe5U)SEND () Summer Stay & Play @ The New Ability Hub

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Reading Directory | Thrive, Reading Garden Open Days, 5th July 2026 (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=SHmZCg5dNIs)

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Reading Directory | Wildflower Meadows, Summer Holiday Clubs 2026 (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=cyFypoM8PBY)

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Reading Directory | Together, One Step At a Time, Summer Events (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=uEP9hA6hDRc)

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Reading Directory | The Ridgeline Trust, Let it Grow, a summer gardening group for (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=0Zl1aQJQvhg&familychannel=3)SEN () students aged 12 to 19

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Reading Directory | Reading Rep Theatre, Summer on Stage (SEN) (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=PTH13iM7ep0)

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Inclusive sessions at **Northcroft Leisure Centre** in Newbury offers: Splash Pad sessions, Multi Sports, Indoor Soft Play, Disability Swimming, and Sensory Circuit. **Northcroft Leisure Centre - Everyone Active (https://www.everyoneactive.com/centre/northcroft-leisure-centre/#activities)**

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Relaxed Early Opening for Families | British Library (https://events.bl.uk/events/relaxed-early-opening-for-families)

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Relaxed Opening Morning - Mary Rose (https://maryrose.org/events/relaxed-opening-morning/)

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Early Birds | Science Museum (https://www.sciencemuseum.org.uk/see-and-do/early-birds)

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Elevate, Summer Careers Fair, 9 July @ 11am- 2pm - Come along to meet employers and find out about courses, apprenticeships (where you get paid while you learn a job), and other opportunities. **Reading Directory | Elevate, Summer Careers Fair, 9 July @ 11am- 2pm (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=gqIhHMdOBPY)**

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Summer 2026 @ Smelly Wellies - We've got something for everyone this summer! **Reading Directory | Summer 2026 @ Smelly Wellies! (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=RKeTD_XLlqI)**

What's on, events, groups, workshops & clubs

There are lots of organisations offering clubs groups and workshop in Reading supporting children and young people, to view the full information on the SEND () Local Offer use

Clubs & Groups (https://servicesguide.reading.gov.uk/kb5/reading/directory/results.page?familychannel=3-11-4)

Holiday Clubs (https://servicesguide.reading.gov.uk/kb5/reading/directory/results.page?familychannel=3-11-2)

Sports & Leisure (https://servicesguide.reading.gov.uk/kb5/reading/directory/results.page?familychannel=3-11-1)

Events & Workshops

Paediatric Physiotherapy at Our House with our new volunteer Paediatric physiotherapist **Reading Directory | Paediatric Physiotherapy at Our House (https://servicesguid id=nqrZCKDGxNI)**

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Reading IASS () - SEND Support in School and Beyond Online Training Summer & Autumn 2026 - For parent/carers who live in Reading Borough via MS Teams Reading Direct (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=8vRA4Ihp_Ks)SEND () Support in School and Beyond Online Training Summer & Autumr

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Sibs - For Brothers & Sisters of disabled children & adults - Sibs exists to support people who grow up with or have grown up with a disabled brother or sister. **Reading Direc (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=pPAkhdjwxrQ)**

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Wildflower Meadows Online workshops for families - **Reading Directory | Wildflower Meadows (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.pag**

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Bite Size Learning: Online Harm - Learn how to keep children safe online! **Reading Directory | Child Exploitation and Missing Children (https://servicesguide.reading.gov.**

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FREE online parenting neurodivergent children course - Raising a neurodiverse child can be joyful, but also complex and overwhelming **Reading Directory | Family Lives (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=XTzNMsp35-U)**

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Reading Parenting Service - Reading Borough Council provide a Parenting Service.

- Teen PPP – Positive Parenting Programme
- Group PPP – Positive Parenting Programme

Further information including posters can be found here **Reading Directory | Reading Parenting Service (https://servicesguide.reading.gov.uk/kb5/reading/directory/serv**

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Network Rail, Our autism friendly guide to travelling by train - This guide has been designed to show and tell you about some of the things you can expect to see while you'r **Network Rail, Our autism friendly guide to travelling by train. (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=okhcac14Fpo&familychar**

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Berkshire West Autism & ADHD () Support Service - Dates for the Berkshire West Autism & ADHD Support Service's free online autism advice workshops for parents and care Click on the following link - **Reading Directory | Berkshire West Autism & ADHD Support Service (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.pa**

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Parenting Special Children - Upcoming Events - All of our events can be viewed and booked via our website.

Upcoming Events, Workshops, Courses & Support Groups | Parenting Special Children (https://parentingspecialchildren.co.uk/events/)

Sleep - Autism and ADHD: Berkshire West July 2026 | Parenting Special Children (https://parentingspecialchildren.co.uk/events/sleep-autism-and-adhd-berkshire-w

Sensory Processing Workshop July 2026 | Parenting Special Children (https://parentingspecialchildren.co.uk/events/sensory-processing-workshop-july-2026/)

AuDHD Workshop July 2026 | Parenting Special Children (https://parentingspecialchildren.co.uk/events/audhd-workshop-july-2026/)

Interoception Workshop July 2026 | Parenting Special Children (https://parentingspecialchildren.co.uk/events/interoception-workshop-july-2026/)

Monthly groups for Berkshire children, building social skills.

Let's Get Creative! Kinship Families (inc support group) June 2026 | Parenting Special Children (https://parentingspecialchildren.co.uk/events/lets-get-creative-kinsh

Let's Get Creative: Adopted (inc support group) July 2026 | Parenting Special Children (https://parentingspecialchildren.co.uk/events/lets-get-creative-adopted-inc-s

Supporting development trauma needs in teenagers workshop (June 2026) | Parenting Special Children (https://parentingspecialchildren.co.uk/events/supporting-de

From Distress to Security: Supporting Children Through Separation Anxiety - July 2026 | Parenting Special Children (https://parentingspecialchildren.co.uk/events/su

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Centre for Autism Wellbeing Hub Activities Parent Meet ups - Monthly themed informal gatherings for parents and carers of autistic children. **Reading Directory | Centre fo (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=JXEi7iKskHY)**

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Clubs, Groups & General Activities

Kids, Young People's Hub, 13 - 25 years old We offer free online activities, tips for everyday life skills, and friendship & fun for all **Reading Directory | Kids, Young People's H (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=AJOCraos0Fo)**

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Sport Together - 5th July – Parallel Windsor - Windsor 2026 - For Tickets please book here (https://sport2getherberks.us5.list-manage.com/track/click?u=ef9f682783f7ba8(

Sport Together 23rd July – Palmer Park Time: 10:00am – 2:00pm **-**Please use the booking link below. https://www.eventbrite.co.uk/e/festival-of-inclusivity-palmer-park-thur aff=oddtdtcreator&keep_tld=true (https://sport2getherberks.us5.list-manage.com/track/click?u=ef9f682783f7ba805c888353a&id=e36cc25c2f&e=c307ae1cbf)

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The Mix, & The Mix+, SEND Youth Clubs, Berkshire Youth Network - Fun, friendly space for young people with special educational needs. **Reading Directory | The Mix, & Th (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=7yXg_YbgZ_0)**

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Reading City Football Club, Comets, Disability Football, Your Place to Play aged 5-11 - Reading City FC are now running pan-disability football sessions for children aged 5 **Comets, Disability Football, Your Place to Play aged 5-11 (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=oak9P9qHRT8)**

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becalm, Free Board Game Club, Supporting Teen Mental Health - A safe and welcoming space for teenagers (ages 11-16) to connect, relax, and enjoy board games while bu **Game Club, Supporting Teen Mental Health (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=ZS5xE8A25kM)**

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Partners for Active Leisure (PALS). Leisure for 5-18yrs with Physical Disabilities - PALS offer a wide variety of social and leisure activities **Reading Directory | Partners for (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=uveJyaiYt-U)**

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Coral Reef Waterworld - Accessible for Everyone sessions, tailored for disabled people of all ages and their families and carers. - Click the link for booking information **https:/** fbclid=IwZXh0bgNhZW0CMTAAYnJpZBEwYzRDRnVPcm9TQXM0QXFRb3NydGMGYXBwX2lkEDIyMjAzOTE3ODgyMDA4OTIAAR56mca6slkf1GX54Tr0jcZmCJKFQPhHSbBcHLA **Accessible For Everyone session Tickets online - Coral Reef Waterworld (https://everyoneactivecoralreefwaterworld.digitickets.co.uk/event-tickets/25503? fbclid=IwZXh0bgNhZW0CMTAAYnJpZBEwYzRDRnVPcm9TQXM0QXFRb3NydGMGYXBwX2lkEDIyMjAzOTE3ODgyMDA4OTIAAR56mca6slkf1GX54Tr0jcZmCJKFQPhHSl**

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Swings & Smiles, Accessible Climbing - Inclusive Climbing Sessions -Opportunity to experience climbing with assistance; from motor skills support to the use of our chair h
Directory | Swings & Smiles, Accessible Climbing (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=_9S8GZ9h3dE)

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NEW group **Reading Directory | NEW group for children with physical disabilities, Our House (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.pag**

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Living Paintings - Living Paintings makes audio tactile books for children who are blind or visually impaired and provides them for free through our UK-wide postal library. Furt
(https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=0j50Wyw3ifQ&familychannel=0)

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Berkshire Vision - Activities for Visually Impaired Children - Providing holistic support to children & adults with sight loss, helping to boost self-esteem with emotional supp
Activities for Visually Impaired Children (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=GH_SViWmQ4g)

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Wildlife Photographer of the Year special exhibition relaxed sessions, The Natural History Museum in London - Experience the exhibition's breathtaking photography in a quie
neurodiverse and disabled visitors. **Reading Directory | Relaxed Wildlife Photographer of the Year special exhibition sessions, The Natural History Museum in London (ht**
id=ez9tKq8Pszc&familychannel=0)

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Northway Climbing Centre Newbury, SEN () quiet sessions - Once a month we run SEN () sessions for SEN children and their families to climb in the centre exclusively for on
sessions (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=S5SdjHU01b8&familychannel=3)

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Together: One step at a time - Together: One step at a time is an inclusive group for under 6 year olds. Welcome to our inclusive SEND community, where every child and fami
Directory | Together: One step at a time (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=3jsPLljXh1E&familychannel=3)

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Little Muddy Boots SEND Sessions - My Little Muddy Boots SEND sessions are designed to provide a safe and stimulating outdoor environment where children can explore na
Muddy Boots SEND Sessions (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=zsMxm0nI5q0&familychannel=3)

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Reading Football Club Accessible Matchdays - We're so excited to be teaming up with Reading Football Club to create a special space just for children and young people with
Matchdays (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=UDcMXSVgHCo&familychannel=3)

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University College London(UCL), MotionInput Games Accessible for Autistic Children - This is a sports game intended for children aged 6-14 and those with autism. **Readi**
Accessible for Autistic Children (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=c_BE04uTYCQ)

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Flyerz Hockey, SEND, 5-18 years old - No experience is needed and everyone is welcome at these inclusive sessions. **Click following link- Reading Directory | Flyerz Hocke**
(https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=GHo4fqRliLU)

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Inclusive Cycling, Palmer Park - Join us on a Wednesday morning at 11am-12pm for this inclusive and relaxed session with a qualified cycling coach. Click on the following li
(https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=X7_IEpPPpyU)

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Inclusive Gym Session - Palmer Park Stadium - This SEND gym session is for anyone aged between 9 years old and 18+ to come and workout in our quieter, programmable g
Inclusive Gym Session - Palmer Park Stadium (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=RrXKm8tQaDk)

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Reading Rockets - Junior Wheelchair Basketball Sessions for ages 11-17 Click on the following link **- Reading Directory | Reading Rockets - Wheelchair Basketball Club** (ht
id=ZiX8r9qTafk&familychannel=3)

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SEND Swimming With Better Leisure - Swimming Lessons for Disabled Adults & Children - At Better, we believe that swimming is for everyone, no matter what your support a
Me For Adults and Children | Better UK (https://www.better.org.uk/what-we-offer/lessons-and-courses/swimming/disability)

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South Street , Youth Theatre - Join Reading's most dynamic Youth Theatre hosted at the professionally run South Street. Click the following link - **Reading Directory | South**
(https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=l30iVQrZp6U)

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Dance Planet Studios - Dance classes for all ages and levels - Located in the heart of Reading,, our studio offers a dynamic range of classes for all ages and skill levels, includi
Directory | Dance Planet Studios - dance classes for all ages and levels (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=qNYc5TfLZTQ&f

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InteraKt Community! InteraKt is a local charity based in Newbury, West Berkshire. We support young people and adults with learning, physical and sensory challenges by pro
and life skills. Click on the following link **- Reading Directory | InteraKt Community!** (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=g7pxztglQt

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Buttons and Bubbles, Representation through Imagination & Play - We are a Community Interest Company for children, families and organisations with disability and illnes
Bubbles, Representation through Imagination & Play (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=rHKkNCWzkI8)

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The Hub - Weekly Social Drop in at Starting Point - Drop-in Social Club -U18's Weekly Social Drop-in - Play games, do some art, go on the Wii or just sit and chat. A space to
Team. Click on the following link **- Reading Directory | The Hub - Weekly Social Drop in at Starting Point** (https://servicesguide.reading.gov.uk/kb5/reading/directory/service

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Me2 Club - Me2 is our core service of matching children with volunteers at mainstream activity clubs. Once parents have an activity planned they can register with us by compl
(https://me2club.org.uk/one-to-one-support/)

Further information can be found here **Reading Directory | Me2 Club** (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=E0hgCZUGA4I)

Reading Directory | Include Me2 - A Club for Young People with Additional Needs (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=ktICg

Reading Directory | Special United - Youth Area (Young People's Forum) (https://servicesguide.reading.gov.uk/kb5/reading/directory/localoffer.page?familychannel=

Me2 TeenW&RD Short Break Club - For teenagers with additional needs - Me2 Club have launched a new club for teenagers with additional needs in Reading and Wokingha diagnosis is not required. Further information can be found here **Reading Directory | Me2 TeenW&RD Short Break Club - for teenagers with additional needs** (https://servic id=5jssIPS92Z4&familychannel=3)

Include Me2 - A Club for Young People with Additional Needs -NEW Opportunity for Young People with Additional Needs aged 10 - 25 years. Do you want to make a differen **Include Me2 - New Club for Young People with Additional Needs** (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=ktICg0LrCSQ&familychannel

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Grassrootz Youth Clubs - Grassrootz have drop in Youth Clubs in the Reading area:

Click on the following link - **Reading Directory | Grassrootz - Coley Park Youth Club (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=cpHbl**

Click on the following link - **Reading Directory | Grassrootz - Girls Group @ Dee Space (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=zfB**

Click on the following link - **Reading Directory | Grassrootz - Friday Nights Under the Lights @ Prospect Park (https://servicesguide.reading.gov.uk/kb5/reading/director**

Click on the following link - **Reading Directory | Grassrootz Youth Club - Hexham Road Community Centre (https://servicesguide.reading.gov.uk/kb5/reading/directory/**

Click on the following link - **Follow their Instagram to find out more! (https://www.instagram.com/grassrootz.ltd/)**

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Relaxed Screenings

Click on the following link for autism friendly cinema screenings -

https://accessiblescreeningsuk.co.uk/autism-friendly-screenings/ (https://accessiblescreeningsuk.co.uk/autism-friendly-screenings/)

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Reading Biscuit Factory - Access Screenings further information can be found here **Reading Directory | Access Screenings at Reading Biscuit Factory (https://servicesguid id=HG8TFroALGY&familychannel=3)**

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OXYGEN READING ACTIVITY PARK -SEN Sessions - Click on the following link - **Reading Directory | Oxygen Activeplay, Reading - SEN Sessions** (https://servicesguide.rea id=OESYtpHbp1c&familychannel=3)

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SEND Soft Play - Loddon Valley Leisure Centre - A 3-storey soft play area for children up to 12 years old with additional needs, based at Loddon Valley Leisure Centre. Furthe **Loddon Valley Leisure Centre** (https://directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=zPOncWfNcMU)

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Reading - Better Sport & Leisure Centre's - SEND Soft Play across Reading! Click on the following link - **Reading Directory | SEND soft play sessions (https://servicesguid id=4NiQR9NEwac&familychannel=3)**

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Arborfield Green Leisure Centre - SEND sessions, every Friday afternoon. **SEND Sessions | Arborfield Green Leisure Centre** (https://www.placesleisure.org/centres/arborfi

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Camp Mohawk is a day centre for children with special needs and their families, set in 5 acres of beautiful countryside, just outside Wargrave, Berkshire. Click on the following **for children with special needs (https://directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=Hy0t4IR5bIo)**

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Building for the Future - Saturday Club - Our House - 11am – 1pm Children with Physical disabilities/Downs Syndrome 3pm–5pm Children with ASD () and associated condi **Future - Saturday Club** (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=ABxeWQABsuk)

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The Engine Shed - A SPECIAL INTEREST GROUP FOR AUTISTIC CHILDREN and YOUNG PEOPLE - For further details please click here **Reading Directory | The Engine Shed** (id=AYPZQaNBGj0&familychannel=3)

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The RAFT Club (Reading Autism Families Together) - Eligibility criteria: ASD children aged between 5 and 12 who are verbal, toilet-trained and do not need 1:1 level of care and motor skills as well as support for parents/ carers Further details can be found here **Reading Directory | The RAFT Club (Reading Autism Families Together)** (https://ser id=1JfYEige0es&familychannel=3)

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Ranger Station at Prospect Park in Reading - The Ranger Station is a destination for activities, entertainment and learning for families and children from across Reading and **- Reading Play (https://www.reading.gov.uk/leisure/active-reading/ranger-station-at-prospect-park/)** for more information.

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Swings & Smiles - Support, friendship and play for children with special needs and their families. Click on the following link - **Reading Directory | Swings & Smiles - For fami (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=0Esn1AztfYU)**

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Fairytale Farm - A Sensory Wonderland - Click on the following link **- Reading Directory | Fairytale Farm** (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.

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Museums My Way - Reading Museum & Museum of English Rural Life (MERL) - Museums My Way - Themed sessions for neurodiverse visitors of all ages Free sessions, deve **Directory | Reading Museum: 'Museums, My Way' collaboration with The MERL (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=K_3N3lb**

SEND Support – local & national

There is a dedication section on the SEND () Local Offer, where you can find comprehensive information on local and national support services and organisations - use the following link Reading Directory | Special Needs Support (https://servicesguide.reading.gov.uk/kb5/reading/directory/localoffer.page?familychannel=3-12)

Grants & Charitable Funding (https://servicesguide.reading.gov.uk/kb5/reading/directory/results.page?familychannel=3-12-3)

Local Support (https://servicesguide.reading.gov.uk/kb5/reading/directory/results.page?familychannel=3-12-1)

National Support (https://servicesguide.reading.gov.uk/kb5/reading/directory/results.page?familychannel=3-12-2)

Mental Health Support (https://servicesguide.reading.gov.uk/kb5/reading/directory/results.page?familychannel=3-12-5)

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Autism Berkshire - Berkshire Adult Autism Support Service - Autism Berkshire provides the Berkshire Adult Autism Support Service to help adults aged 18+ in the county who have an autism diagnosis, or who are waiting for assessment. **Reading Directory | Autism Berkshire - Berkshire Adult Autism Support Service (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=13xfY8MqKcI&familychannel=3-12)**

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British Dyslexia Association - Provides support and advice for parents with children who are dyslexic. Helpline available. **Reading Directory | British Dyslexia Association (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=V8ewUj2wZj0&familychannel=3-12)**

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Calibre Audio: free audiobooks for children and young people with SEND () -Calibre Audio is a national charity which provides free audiobooks for children and young adults with SEND (0-25 years). **Reading Directory | Calibre Audio: free audiobooks for children and young people with SEND (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=KGlCJp2-ObU&familychannel=3-12)**

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Continence Advisory Service - Berkshire Healthcare NHS () Trust Continence Advisory Service. Click on the following link - Reading Directory | Continence Advisory Service (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=4I6vTmVqL-I&familychannel=3)

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The Cinema Exhibitors Association Card This is a national card scheme that can be used to verify that the holder is entitled to one free ticket for a person accompanying them to the cinema. **Reading Directory | The Cinema Exhibitors Association Card (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=cHY_OKp2u3c&familychannel=3-12)**

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Creative Support - Creative Support is a not-for-profit organisation with 20 years experience of offering person centred support to people with learning disabilities, mental health and other support needs. **Reading Directory | Creative Support (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=1fdVtfLnmjY&familychannel=3-12)**

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Greenshoots (part of The Ways & Means Trust) We provide a safe environment where adults who have learning or physical disabilities, or poor mental health, may learn social and practical skills for independent living and take part in training in the form of horticultural therapy. **Reading Directory | Greenshoots (part of The Ways & Means Trust) (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=ouMHsHG_8F4&familychannel=3-12)**

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Autism Berkshire & Graft Reading Survival Guide - Survival Guide programme aims to help autistic adults move into employment. **Click on the following link - Reading Directory | Autism Berkshire & Graft Reading Survival Guide (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=AN4ZlR5sFk4&familychannel=3-12-1)**

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toothPASTE, Autism Toothcare - toothPASTE is a website that supports parents and carers in looking after their child's teeth. **Reading Directory | toothPASTE, Autism Toothcare. (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=Ued6VQSjGxg)**

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Berkshire Deaf Children's Society - We are a registered charity run by parents of deaf children and our main aim is to give help and support to deaf and hearing impaired infants, children and their families. Click on the following link **- Reading Directory | Berkshire Deaf Children's Society (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=EKnav9WK__c&familychannel=3-12-1)**

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Depression Xpression - Depression Xpression is a peer support group for people with depression and other mental health issues in the Reading and Wokingham area. Click on the following link **- Reading Directory | Depression Xpression (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=1nf3e7QKhwY&familychannel=3-12-1)**

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Parent Talk - Parent Talk is our online advice hub. Browse expert articles on common parenting questions - from potty training to emotional wellbeing. **Click on the following link - Reading Directory | Action for Children - Parent Hub (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=vLVA9nK1JfE&familychannel=3-12)**

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Fab4All - Is a welcoming activity centre where individuals of all abilities can enjoy fulfilling days in a safe, friendly environment. Click on the following link **- Reading Directory | Fab4All - Day Service for people with SEND (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=R7hRmMS9Ajg&familychannel=3-12-1)**

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Autism Berkshire's Helpline service is available by telephone and email. The free and confidential service is available from Monday to Friday (except bank holidays). Click on the following link - **Reading Directory | Autism Berkshire Helpline** (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=yehhp1NVbtk&familychannel=3)

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Berkshire West Autism & ADHD () Support Service - delivering services on behalf of Thames Valley Integrated Care Board. Click on the following link **- Reading Directory | Berkshire West Autism & ADHD Support Service (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=4kKoLTo8vzI&familychannel=3-12-1)**

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Thames Valley Autism Alert Card - The aim of the Thames Valley Autism Alert Card scheme is to provide a simple way for autistic children, young people and adults, or a parent or carer, to quickly and easily explain their condition to others, giving cardholders more confidence to go out and about. Click on the following link - **Reading Directory | Thames Valley Autism Alert Card (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=6ynr_FyqNnQ&familychannel=3-12)**

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Parenting Special Children Community Support Groups - Parenting Special Children has several established local community support groups for families of children and young people with additional needs. Click on the following link **- Reading Directory | Reading Family Information Service** (https://servicesguide.reading.gov.uk/kb5/reading/directory/family.page?

familychannel=0)

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Parenting Special Children - Neurodivergent Parent/ Carer support group A supportive, non judgemental space offering connection and shared understanding of navigating family life, balancing our own unique strengths and challenges. Click on the following link **- Reading Directory | Neurodivergent Parent/Carer support group for Reading based families.** (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=2vzVDeYjuZk&familychannel=3)

***

University of Reading Centre for Autism Wellbeing Hub - The aim of the Hub is to bring together autistic children and young people, their families, practitioners and researchers to co-produce and deliver neurodiversity-affirming activities that support autistic young people and their families to lead their best lives. Click on the following link **- Reading Directory | University of Reading Centre for Autism Wellbeing Hub (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=hLO97peG8QM&familychannel=3-12)**

***

Berkshire Opportunities, SEND Moving On, Career Pathway Support - SEND- Moving On - Explore a range of resources to support you with career pathway options for your young person with SEND. Click on the following link **- Reading Directory | Berkshire Opportunities, SEND Moving On, Career Pathway Support (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=Falh-KJgP1M&familychannel=3-12)**

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Stepping Forward - A Full Life for Disabled People and Carers Bespoke Benefits Advice and Practical Support for Disabled People & Carers. Click on the following link - **Reading Directory | Stepping Forward - A full life for everyone affected by disability (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=LtmGyGQ7Dgs&familychannel=3)**

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Reading Mencap - Reading Mencap is the charity in Reading supporting people with learning disabilities and their families throughout their lives by providing information, advice and practical support to help them lead happy, safe and fulfilling lives. **C**lick on the following link - **Reading Directory | Reading Mencap (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=9Cun3yyYZ0M&familychannel=3)**

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Reading Families' Forum - Reading Families' Forum are the local parent carer forum. Our board of trustees and steering group are all volunteers and have children and young people with special educational needs and/or disabilities ourselves. Click on the following link **- Reading Directory | Reading Families' Forum** (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=PZvYS96zEyE&familychannel=0)

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The ACRE Family Support Team (formerly Alafia) - Supporting black and minority ethnic families with a child (0-25) with additional needs or disabilities. **Click on the following link - Reading Directory | ACRE Family Support Team (Alafia) (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=tgHL8hTvLzw&familychannel=3-12)**

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Service for unpaid carers - Information, advice and support services for family carers in Reading and West Berkshire provided by the Reading & West Berkshire Carers Partnership. Click on the following link - **Reading Directory | Reading & West Berkshire Carers Partnership** (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=ORVKhnG6BaQ&familychannel=3)

Make an emergency plan - As a carer you need to know that if an emergency happens, replacement care will get sorted out speedily and efficiently. Click on the following link **- Reading Directory | Emergency Plan and Reading Carers Card (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=oqM5ao1kZmE&familychannel=3)**

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CAMHS Learning Disability Team - BHFT () - The CAMHS Learning Disability Team is specialist mental health services to children and young people who have a moderate or severe learning disability and a significant or suspected mental health need. Click on the following link **- Reading Directory | CAMHS Learning Disability Team - BHFT (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=dZiifwroKlY&familychannel=3)**

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Reading Information, Advice & Support Service for SEND - offers free confidential and impartial information, advice and support about education, health and social care to Reading parents and carers who have children (up to the age of 25) with special educational needs or disability. Click on the following link **- Reading Directory | Reading Information, Advice & Support Service for SEND (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=VqahHpIA19A&familychannel=3-12)**

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ABC to Read - Supporting Children Who Struggle with Reading **-Reading Directory | ABC to Read, Literacy Support (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=md6-qLIyg1k)** (mailto:info@abctoread.org.uk)

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British Deaf Association - BDA is the largest organisation in the UK that is run by deaf people for deaf people, includes British sign language (BSL). Click on the following link - **Reading Directory | British Deaf Association (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=xmsPgLHaGJM&familychannel=3-12-2)**

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British Dyslexia Association - Provides support and advice for parents with children who are dyslexic. Helpline available. Click on the following link - **Reading Directory | British Dyslexia Association (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=V8ewUj2wZj0&familychannel=3-12-2)**

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Calibre Audio Calibre Audio is a national charity which provides free audiobooks for children and young adults with SEND (0-25 years). Click on the following link - **Reading Directory | Calibre Audio: free audiobooks for children and young people with SEND (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=KGlCJp2-ObU&familychannel=3-12-2)**

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The Children's Trust - The Children's Trust gives children and young people with brain injury and neurodisability the opportunity to live the best life possible by providing specialist rehabilitation, education and community services across the UK. Click on the following link - **Reading Directory | The Children's Trust (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=6rGznYoCQ5k&familychannel=3-12-2)**

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Ambitious About Autism - The national charity for children and young people with autism. Click on the following link - **Reading Directory | Ambitious about Autism (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=PqqSfGRhutY)**

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Sibs - For Brothers & Sisters of disabled children & adults - Sibs exists to support people who grow up with or have grown up with a disabled brother or sister. Click on the following link - **Reading Directory | Sibs - For Brothers & Sisters of disabled children & adults (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=pPAkhdjwxrQ&familychannel=3-12-2)**

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Cerebra - Cerebra helps children up to 16 years with neurodevelopment disorders and conditions, their parents, carers and professional practitioners. Click on the following link - **Reading Directory | Cerebra (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=JJq2uDiwtyM&familychannel=3)**

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Council for Disabled Children - The umbrella body for the disabled children's sector bringing together professionals, practitioners and policy-makers. Click on the following link - **Council for Disabled Children (https://councilfordisabledchildren.org.uk/)**

The Information, Advice and Support Services Network (https://councilfordisabledchildren.org.uk/about-us-0/networks/information-advice-and-support-services-network) Information, advice and support services for young people aged 25 old or younger and need extra help with learning and have a disability.

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The Communication Trust - The Communication Trust is a coalition of more than 50 not-for-profit organisations working together to support everyone who works with children and young people in England to support their speech, language and communication. Click on the following link - **Reading Directory | The Communication Trust (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=u-H9Yyhb2aA&familychannel=3)**

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Contact - For Families with Disabled Children - FREE workshops and 1:1 support for families with disabled children from Contact. Click on the following link - **Reading Directory | Contact - For Families with Disabled Children (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=pNEdmuhpMeE&familychannel=3)**

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Family Fund - We support families living across the UK who are raising a disabled or seriously ill child or young person up to the age of 17. Click on the following link - **Reading Directory | Family Fund (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=W-JqwwyF5Sc&familychannel=3)**

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KIDS - KIDS is a national charity, founded in 1970, that provides a wide range of services to disabled children, young people and their families in England. Click on the following link - **KIDS (https://www.kids.org.uk/)**

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IPSEA - The Independent Provider of Special Education Advice (IPSEA) offers free and independent legally based education advice to parents of children with SEND. Click on the following link - **(IPSEA) Independent Provider of Special Education Advice (https://www.ipsea.org.uk/)**

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The Down's Syndrome Association have specialist advisers who can provide you with information and support on issues such as health, social care, benefits and education for people with Down's syndrome. Click on the following link **- Down's Syndrome Association (https://www.downs-syndrome.org.uk/)**:

***

National Autistic Society - The UK's leading autism charity. Their goal is to help transform lives, change attitudes and create a society that works for autistic people. Click on the following link - **National Autistic Society (autism.org.uk) (https://www.autism.org.uk/)**

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National Autistic Society, Resources for Autistic Teenagers, The know Yourself Series - The Know Yourself series offers free resources (videos, PDFs, worksheets) to support autistic teenagers in understanding what being autistic means to them. Click on the following link - **Reading Directory | National Autistic Society, Resources for Autistic Teenagers, The know Yourself Series (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=6sJfpC510L8)**

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National Deaf Children's Society - The National Deaf Children's Society is the leading charity for deaf children and their families. Click on the following link - **National Deaf Children's Society | Supporting deaf children (ndcs.org.uk) (https://www.ndcs.org.uk/)**

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Sense Active - for Children & Young People - Activity videos to enjoy in the house or garden, new live yoga session specifically for children and young people, more quick challenges for pairs or groups. Click on the following link - **Reading Directory | Sense Active - for Children & Young People (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=Oe6rmVerq-k&familychannel=3)**

Sense gives legal advice and assistance to deafblind individuals or their family members and supporters. Click on the following link - **Sense | For people with complex disabilities (https://www.sense.org.uk/)**

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The Autism Central - The Autism Central vision is a world where parents and carers of autistic children and adults are knowledgeable about autism, confident in navigating services and empowered to maintain both their own wellbeing and the wellbeing of the autistic person they support. Click on the following link - **Reading Directory | Autism Central for Parents and Carers (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=Rwf9033dojs)**

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Reading Directory | Hidden Disabilities Sunflower (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=voFYFETAvn0&familychannel=3)

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Family Information Service has a dedicated page with information on local and national support click the following link to view - **Young People & Mental Health (https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=NjGDR1IGovc) -** Me2, have created a great video which can be view on the young people mental health page.

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Together for Mental Wellbeing - Reading Community Outreach Service provide: Community support, Outreach and Peer support. Click on the following link - **Reading Directory | Together for Mental Wellbeing (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=by5VdwdlJEo)**

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No5 Young People and Young People's Mental Health Helpline - No5 Young People's Mental Health Helpline - Text TALK followed by your first name and postcode to 07786 202430 to request a phone call from one of our trained counsellors.

Looking for direction? Signposting service: Click on the following link - **Home Page - No5 Reading Signposting | No5 Reading Signposting (https://signposting.no5.org.uk/)**

Click on the following link - **Reading Directory | No5 Young People – Young People's Mental Health Support (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=kbrCVhuUcrk)**

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tellmi - Providing 365 day access to an age-banded, anonymous space to discuss feelings and seek support. Click on the following link **- Reading Directory | tellmi (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=6WHCY_y3HMA&familychannel=3)**

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MindJam - At MindJam, our aim is to support children who suffer anxiety, stress, social issues and other emotional needs and their parents. Click on the following link - **Reading Directory | MindJam (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=ZeJi2z9w1YI)**

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Young Minds - Young Minds is the UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people. Click on the following link - **YoungMinds | Mental Health Charity For Children And Young People | YoungMinds (https://www.youngminds.org.uk/)**

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SHaRON - The Support Hope and Recovery Online Network (SHaRON) is a secure and confidential online platform, moderated by clinical staff, to enable parents, carers and young people to support each other and get expert advice. Click on the following link **-** **Reading Directory | SHaRON online advice platform – BHFT (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=qXUwAr3r3so)**

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Mental Health Support Team (MHST) The Mental Health Support Teams (MHSTs) covering West Berkshire, Reading, and Wokingham is now delivered by Berkshire Healthcare NHS Foundation Trust (BHFT). For more information use the following link - **Mental Health Support Team (https://brighterfuturesforchildren.org/for-parents-carers/mental-health-support-team/)**

16-25 Preparation for Adulthood

The Transition 16-25 - Preparing for Adulthood section of the SEND () Local Offer is packed with advice and guidance pages and local services to support young people and their families - Reading Directory | Transition 16-25 - Preparing for Adulthood (https://servicesguide.reading.gov.uk/kb5/reading/directory/localoffer.page?familychannel=3-10)

SEND Local Offer have also created the **Reading Directory | (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=w2dtpLKv968&familychannel=3-10)SEND () Local Offer 16+ Guide** to help young people easily navigate local information.

Reading Directory | Learning Disability and Neurodiversity Team (adults) (https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=XAMo5HkdNVk) - The team is made up of a range of professionals who work together to support autistic people and individuals with learning disabilities

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Fab4All, Day Service for people with SEND - Fab4All provide Day Centre facilities in our fully accessible Purpose-built building, for individuals with a range of abilities, including Learning difficulties, Physical disabilities, Mental health problems. Reading Directory | Fab4All, Day Service for people with SEND (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=R7hRmMS9Ajg&familychannel=3-10-6)

***

Ridgeline Trust Therapeutic Garden - We help people to improve their mental and physical health in our beautiful garden in East Reading. We help people access the benefits of horticultural therapy at our accessible garden, to enable them to recover and develop their skills, boost their confidence and enjoy time with others. Reading Directory | Ridgeline Trust Therapeutic Garden (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=aSW_xXCdpLU&familychannel=3-10-6)

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The Yume Project - Providing Day Activities for Learning Disabled Adults and Transition Students (aged 16+). Sessions are held in various Community Venues around West Berkshire. Activities covered are Computer Skills, Art, Craft, Bowling, Cooking, Music, Yoga, Communication Games (including Makaton) and sometimes Swimming, Shopping or Days Out to Interesting Places in the countryside or near the sea. Reading Directory | The Yume Project (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=fvQHfQKY-sM&familychannel=3-10-6)

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ELEVATE - Supports young people aged 16–18 not in education, employment or training (up to 25 for those with SEND or care experience) to make informed choices about their future. We can help young people with exploring career ideas and understanding career pathways so they can make well informed choices specifically through post-16 transitions, challenges, and opportunities with tailored, impartial guidance. **Reading Directory | Elevate ~ Helping you towards a Brighter Future (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=WdxbMp7ensY&familychannel=0)**

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Berkshire Opportunities, SEND Moving On, Career Pathway Support - Explore a range of resources to support you with career pathway options for your young person with SEND. **Reading Directory | Berkshire Opportunities, SEND Moving On, Career Pathway Support (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=Falh-KJgP1M)**

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BOB ICB commissioned Reading charity, Starting Point and Realtime Film Company, to co-produce the films with more than 20 young people across Buckinghamshire, Oxfordshire and Berkshire West who are neurodivergent including autistic Young People and those with a Learning Disability and all keen to learn and manage the storyboarding, filming and editing process. Click on the following link - Reading Directory | Learning Disability Transition Videos (https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=MBgW_DCtfao)

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The Hub - Weekly Social Drop in at Starting Point

2 Drop-in Clubs: Under 18s, Over 18s - Weekly Social Drop-in

Play games, do some art, go on the Wii or just sit and chat. A space to have some fun, spend time with others and chat to the Starting Point Team. Click on the following link **- Reading Directory | The Hub - Weekly Social Drop in at Starting Point (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=NYWYG14ZAZU)**

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The Engine Shed - New Group, Ramble and Rail

The Engine Shed is launching a new group, called Ramble and Rail, for young autistic adults aged 18 to 25. **Reading Directory | The Engine Shed, 'Ramble and Rail' group for young autistic adults aged 18 to 25 years old (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=EousznLgTtw)**

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Building for the future plus (18 to 25)

Helping young disabled people build a successful working and social life after school and college. Further information can be found here: **Reading Directory | Building For The Future Plus (18 to 25) (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=B3E7GM2mTq0)**

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Swings & Smiles 17+ sessions

Weekly sessions are designed especially for young people aged 17 and over — a space to relax, connect and have fun together. Games, activities & social play, opportunities to build independence and a supportive community where friendships grow.

Reading Directory | Swings & Smiles 17+ sessions (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=UwyeAWa_2GY)

***

Berkshire Adult Autism Support Service

Autism Berkshire provides the Berkshire Adult Autism Support Service to help adults aged 18+ in the county who have an autism diagnosis, or who are waiting for assessment. Further information can be found here **Reading Directory | Autism Berkshire - Berkshire Adult Autism Support Service (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=13xfY8MqKcI&familychannel=3)**

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The Butterfly Community Cafe CIC - Work-life skills for a better future - A new enterprise to train young people with severe learning disabilities/difficulties. **Further information can be found here Reading Directory | The Butterfly Community Cafe CIC (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=LRiYctlySuc&familychannel=3)**

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Transition to Adulthood

Transition to adulthood is a whole new world to navigate! Click on the following link - **Reading Directory | Parenting Special Children - Transition to Adulthood Workshops (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=M7psEpq44hs)**

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Finance Decisions: Government Website

Making finance decisions for young people: parent and carer toolkit (https://www.gov.uk/government/publications/making-finance-decisions-for-young-people-parent-and-carer-toolkit?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=00413530-e4b6-46e2-a32f-faced10d7601&utm_content=daily)

This toolkit provides a guide for parents and carers to make financial decisions for a young person who lacks mental capacity.

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Branching Up

Branching Up is a Day Service providing work experience placements for adults with learning disabilities. Further information can be found here **Reading Directory | Branching Up (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=tZ9Xb2nwnIM&familychannel=3-10)**

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Supported Internship Reading - Shaw Trust - A fantastic opportunity on our Supported Internship programme, now available in Reading, for 16 to 24 year-olds who have an Education, Health, and Care Plan (EHCP). Further information including how to access the programme can be found here: **Reading Directory | Supported Internship Reading, Shaw Trust (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=zFUfiHMAxCQ)**

***

Route to Recruit - Supported Internships - Further information can be found her**e Reading Directory | Route to Recruit - Supported Internships (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=kXGHzvid2u8&familychannel=3)**

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Supported Employment and Training Services in Reading - Supports Reading residents with autism and/or learning disabilities into the right work placement that support and improves their health and wellbeing. Click on the following link **- Reading Directory | Fedcap Employment, Inspiring Futures.**

(https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=zXN70FDZVNk)

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Gateway Club for adults with a learning disability - Gateway Club is a friendly, lively social club for adults with a learning disability. It meets on a Tuesday evening and gives members the chance to try new activities in a friendly, supportive environment. Further information can be found here **Reading Mencap - The Local Voice of Learning Disability (https://www.readingmencap.org.uk/)**

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AskSARA: Advice and support to help with daily living - AskSARA is an online self-assessment tool that helps to make daily living easier. By answering a few questions, AskSARA will provide personalised advice about equipment for health, assistive technology and daily living ideas. Click on the following link **- Reading Directory | AskSARA: Advice and support to help with daily living (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=Cehp3GPQH4Y)**

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Together, Berkshire West, Breathing Space Service - The Berkshire West Breathing Space service is a safe, welcoming and supportive space for anybody aged over 18 experiencing emotional distress and struggling to cope.Click on the following link **- Reading Directory | Together - Berkshire West - Breathing Space Service (https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=NEBDs8bvpC0&familychannel=0)**



Easter Holiday activities at Reading Libraries

(https://whatsonreading.com/venues/reading-libraries/whats-on-events)



Young Voices

(https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=dxsRfyEBhJE)

READING MUSEUM

Easter Holiday Fun at Reading Museum

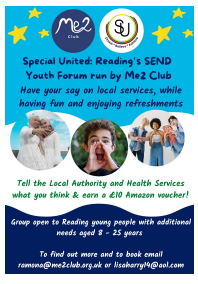
(https://www.readingmuseum.org.uk/whats-on-reading-museum)

Brighter Futures for Children
Reading Borough Council
Working better with you

FAMILY Information Service Reading

Family Information Service - Spring (Easter) 2026 Activities

(https://servicesguide.reading.gov.uk/kb5/reading/directory/family.page?familychannel=8)



Special United - Me2 Club

(https://servicesguide.reading.gov.uk/kb5/reading/directory/localoffer.page?familychannel=3-16)



Include Me2 - A Club for Young People with Additional Needs

(https://servicesguide.reading.gov.uk/kb5/reading/directory/service.page?id=ktICg0LrCSQ)



Young People & Mental Health Support

(https://servicesguide.reading.gov.uk/kb5/reading/directory/advice.page?id=NjGDR1IGovc)

(https://servicesguide.reading.gov.uk/kb5/reading/directory/localoffer.page?familychannel=3-16)

Page last reviewed: 29/06/2026