Coley Primary School – Knowledge Organiser

SUBJECT FOCUS:	R.E- Shabbat	YEAR 1	TERM 5

Enquiry Questions

Judaism – Shabbat

Is Shabbat important to Jewish children?



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Questions:

- Which day of the week is most special to you? Why?
- What do you do on a Saturday?
- Do you have a special family day?
- If you believe in God, is there a special day when you think more about God?
- What do Jewish families do on Saturday? Why?
- Can you remember a special family meal?

Key Knowledge

Shabbat (Sabbath) is the day of rest in the Jewish religion. Jews believe that God created the world in 6 days and rested on the 7th. As the Jewish weeks start on a Sunday, Saturday is the 7th day, the day of rest – Shabbat.

At Shabbat, Jews think about God and what God has done for them. They believe it is important for them to not work so food is prepared the day before and a special meal is eaten. The whole family is expected to observe the Sabbath, so children will stay with their family at this time.
The meal includes many symbols – these include

- Candles – at least 2 candles are lit – one stands for observance and the other remembrance
- Food – Challah bread – this is a type of plaited bread.
- Wine – this is used for a blessing.



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Family time is considered to be very important.

Many Jewish males wear a Kippah to show respect for God.

Shabbat (Sabbath) is celebrated both in the home and the synagogue.
Jewish families go to the Synagogue at Shabbat to pray and give thanks to God.

Key vocabulary

Shabbat – The Jewish day of rest.

Symbols – things that represent or stand for something else.

Challah bread – a type of plaited bread eaten to remind them that God provides food.

Kippah – a skull cap worn to show respect for God.

Synagogue – a Jewish place of worship.

Possible experiences

Explore how a named Jewish child might spend their Friday evening and Saturday.
https://www.youtube.com/watch?v=oBdA8s0dCuM This is a song about how young children prepare for Shabbat.

Learn the Shabbat blessings. https://www.youtube.com/watch?v=lSE2F46a8kU

Invite a Jewish friend into school to talk to the children about Shabbat.

Prepare a Shabbat meal with the class, including candles, bread, grape juice and prayers.

Learning Outcomes

I can tell you which is my favourite day of the week, and why.

I can talk about food I would eat at a special meal.

I can talk about some of the things that Jewish people do to celebrate Shabbat.

I can begin to explain how religious beliefs affect the decisions that people make.