COLEY PRIMARY SCHOOL: PSHE LONG TERM OVERVIEW

Relationships
Living in the wider world
Health and Wellbeing

EYFS

	Autumn Term			Spring Term			Summer Term		
	Relationships – Me and My Relationships	**Rights and Responsibilities**	**Feelings and emotions**	**Valuing Differences**	**Relationships – Listening to others**	**Keeping Myself Safe**	**Relationships – Families and Friends**	**Healthy Lifestyles**	**Growing and Changing**
NURSERY	To be interested in others' play and starting to join in; to form a special relationship with another child; to be able to express own preferences, and interests; can select and use activities and resources with help;	Enjoys responsibility of carrying out small tasks; welcomes and values praise; to be able to understand and co-operate with some boundaries and routines; to usually be able to adapt behaviour to different events, social situations and changes to routine; begin to accept the needs of others and can take turns and share resources, sometimes with support from others.	To be able to express their own feelings; To respond to the feelings and wishes of others; begin to show an increasing ability to distract themselves when upset.	To be confident to talk to other children when playing and will communicate freely about home and community; seeks out others to share experiences.	To keep play going by responding to what others are saying or doing; Begins to initiate conversation, attends to and takes account of what others say.	Shows understanding of the need for safety when tackling new challenges and manages some risks; understand that equipment and tools have to be used safely.	To be able to initiate play, offering cues, offering cues to peers to join them; demonstrates friendly behaviour, initiating conversations and forming good relationships with peers and familiar adults; to respond to the feelings and wishes of others; to be aware that some actions can hurt or harm others; shows affection and concern for people who are special to them.	Observe the effects of activity on their bodies; eats a healthy range of foodstuffs and understands need for variety of food; can tell adults when hungry or tired or when they want to rest or play; can usually manage washing and drying hands; shows some understanding that good practices with regard to exercise, eating, sleeping and hygiene contribute to good health.	Talk about why things happen and how things work; develop an understanding of growth and decay and changes over time.

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YR	Recognise who they believe themselves to be, and begin to form relationships through play and peer relations which contribute to their emotional, social and cognitive development.	Contributing to life in the classroom; constructing and following rules; awareness of needs of people and other living things; belonging to communities and groups.	Be confident to talk about how they and others show feelings, talk about their own and others' behaviour; communicate freely about home and community; confidence to try new activities; understand and cooperate with some boundaries and routines.	Begin to accept the needs of others and can take turns and share resources; accept the needs of others; they show sensitivity to others' needs and feelings	To listen to other people and work cooperatively (including strategies to resolve conflict through negotiation.	Being safe and protected; discovering boundaries; making choices	Understand ways in which they can be a good friend; roles of different people in their lives and the lives of family members.	Observe the effects of activity on their bodies; understand that equipment and tools have to be used safely; shows some understanding that good practices with regard to exercise, eating, sleeping and hygiene contribute to good health	To learn about the process of growing from young to old and how people's needs change; about growing and changing and new opportunities and responsibilities that increasing independence may bring.

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KEYSTAGE 1

	Autumn Term			Spring Term			Summer Term		
	Respecting ourselves and others	**Belonging to a community**	**Keeping Safe**	**Families and friendships**	**Physical health and wellbeing**	**Media literacy and digital resilience**	**Growing and changing**	**Safe relationships**	**Money and work**
YEAR 1	How behaviour affects others; being polite and respectful	What rules are; caring for others' needs; looking after the environment	How rules and age restrictions help us; keeping safe online	Roles of different people; families; feeling cared for	Keeping healthy; food and exercise, hygiene routines; sun safety	Using the internet and digital devices; communicating online	Recognising what makes them unique and special; feelings; managing when things go wrong	Recognising privacy; staying safe; seeking permission	Strengths and interests; jobs in the community
YEAR 2	Recognising things in common and differences; playing and working cooperatively; sharing opinions	Belonging to a group; roles and responsibilities; being the same and different in the community	Safety in different environments; risk and safety at home; emergencies	Making friends; feeling lonely and getting help	Why sleep is important; medicines and keeping healthy; keeping teeth healthy, managing feelings and asking for help	The internet in everyday life; online content and information	Growing older; naming body parts; moving class or year	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	What money is; needs and wants; looking after money

Under Construction

COLEY PRIMARY SCHOOL: PSHE LONG TERM OVERVIEW

Relationships
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LOWER KEYSTAGE 2

	Autumn Term			Spring Term			Summer Term		
	Respecting ourselves and others	**Belonging to a community**	**Keeping Safe**	**Families and friendships**	**Physical health and wellbeing**	**Media literacy and digital resilience**	**Growing and changing**	**Safe relationships**	**Money and work**
YEAR 3	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	The value of rules and laws; rights, freedoms and responsibilities	Risks and hazards; safety in the local environment and unfamiliar places	What makes a family; features of family life	Health choices and habits; what effects feelings; expressing feelings	How the internet is used; assessing information online	Personal strengths and achievements; managing and reframing setbacks	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Different jobs and skills; job stereotypes; setting personal goals
YEAR 4	Respecting differences and similarities; discussing differences sensitively	What makes a community; shared responsibilities	Medicines and household products; drugs common to everyday life	Positive friendships; including online	Maintaining a balanced lifestyle; oral hygiene and dental care	How data is shared and used	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Making decisions about money, using and keeping money safe

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COLEY PRIMARY SCHOOL: PSHE LONG TERM OVERVIEW

Relationships
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UPPER KEYSTAGE 2

	Autumn Term			Spring Term			Summer Term		
	Respecting ourselves and others	**Belonging to a community**	**Keeping Safe**	**Families and friendships**	**Physical health and wellbeing**	**Media literacy and digital resilience**	**Growing and changing**	**Safe relationships**	**Money and work**
YEAR 5	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Protecting the environment; compassion towards others	Keeping safe in different situations, including responding to emergencies, first aid and FGM	Managing friendships and peer influence	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	How information online is targeted; different media types, their roles and impact	Personal identity, recognising individuality and different qualities; mental wellbeing	Physical contact and feeling safe	Identifying job interests and aspirations; what influences career choices; workplace stereotypes
YEAR 6	Expressing opinions and respecting other points of view, including discussing topical issues	Valuing diversity; challenging discrimination and stereotypes	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media	Attraction to others; romantic relationships; civil partnership and marriage	What effects mental health and ways to take care of it; managing change; loss and bereavement; managing time online	Evaluating media sources; sharing things online	Human reproduction and birth; increasing independence; managing transition	Recognising and managing pressure; consent in different situations	Influences and attitudes to money; money and financial risks

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