Materials that promote fine motor skills:

Play with these kinds of materials and your child will be working on fine motor skills without even realizing it!



Sorting Pom Poms or beads



Sorting Buttons



Paper Clips



Clothes pegs


Rubber Bands


Tweezers


Threading Pipe Cleaners



Straws



Playing with Play Dough



Knobs & Screws (or Nuts & Bolts)



Stickers



Kitchen Tongs



Toothpicks

Now that you have some materials to grab and have on hand to work on fine motor skill, put them to use with some of the activities that promote them!

These activities can be done with a great variety of materials, so don't just limit yourself to what's above, but instead use it as inpsiration!